



THE LIBERTY STAR

MONTHLY NEWSLETTER

August 2026

The Newsletter Team

August is End of Summer

We have lots of news to share so read on and enjoy. LOL Newsletter Team

August Birthdays & Anniversaries

Happy Birthday to our fellow team members and program participants.

Program Participants: 8/2 MAISIE D, 8/5 MARICELA, 8/5 ROBERT, 8/9 JOEY, 8/21 JEFFREY, 8/27 ANAHI, 8/28 KIRK

Support Staff: MS PAULA 8/9, MR ARRION 8/11



Happy Anniversary to our fellow team members and program participants.

Participants: SCOTT C 9 YRS, EDGAR D 11 YRS, MARICELA 16 YRS, JUSTIN 2 YRS, GEORG R 5 YRS, RYAN R 3 YRS, ROBERT S 5 YRS, VERENICE 8 YRS, ISALAH V 2 YRS.

August Friday Fundraiser Menus

August 7 Spaghetti, Salad, Dessert & Drink
August 14 Loaded Potato, Dessert & Drink
August 21 Ranchero Bowl, Dessert & Drink
August 28 Tuna Sandwich, Salad, Dessert & Drink

President's Corner



Finishing summer strong:

August is the end of summer, and with it comes the hottest days of summer, called "The Dog Days of Summer". The Dog Days of Summer are usually the hottest and most humid days of the summer. As we enjoy the last days of summer, we can look forward to the cooler temperatures of Fall.

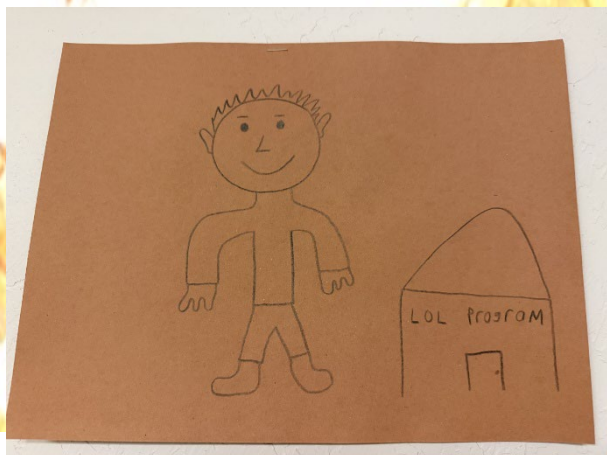
In August, we have American Artist Appreciation Month, Back-to-school Month, Family Fun Month, International Left-Handers Day, and on August 26th, we celebrate Women's Equality Day in honor of the 1920 ratification of the Nineteenth Amendment and women's right to vote in the United States.

Enjoy these last days of summer with a walk on the beach in the evening when it's cool, or even celebrate National S'mores Day with a bonfire and S'mores.

Debra Howard
CEO/President

"PROMOTING SUCCESSFUL INDEPENDENCE"

SUMMER ARTWORK



EMPLOYEE OF THE MONTH



Mercy Southammavong
Support Staff/Driver

COMMUNITY EVENTS

- 8/3 Computer basics at Mission Branch Library
9 AM-12 PM
- 8/3 Library Club at the Mission Branch Library
Arts & Crafts for adults with developmental
disabilities 12 PM-1 PM
- 8/4 National OPD Night out – Food, Vendors,
Games, 3855 Mission
- 8/8 Dive-In Movie @ 6:30, “Finding Dory”,
Wagner Aquatic Center, 3425 Hero Center,
Oceanside,
- 8/29 Concert in the Park, Jim Wood Park,
4701 Mesa Drive, 4-7 pm

LOL Activities

- 8/5 Movies at Regal, Despicable Me 4 (\$10 for
ticket, small snack or drink)
- 8/11 & 25 – Zumba
- 8/4, Yoga – Green & Yellow Groups
- 8/13 Yoga – Red Group
- Tuesdays – Walk to the Beach
- Wednesdays – Fitness Walk to the park
- Fridays – Museum of Art, free admission

Donation Needs

- 5 PKS CONSTRUCTION PAPER
- 100 MINI WHITE CANVAS FOR PAINTING
- 50 BLACK DRY ERASE MARKERS FOR
CLASSROOMS
- (100) 1 OZ PAPERCUPS FOR PAINT
- 2 (100 PC) MATERIAL LEAVES FOR FALL
CRAFTS
- 6 ANY COLOR ROLLS OF YARN
- 100 TABLESPOONS SILVERWARE (NO
PLASTIC)

August Days of Celebration

- 8/4 – National Water Balloon Day
- 8/3 – American Family and Friendship Day
- 8/6 – National Root Beer Float Day
- 8/9 – National Book Lovers Day, National Women’s Day
- 8/10 – S’mores Day
- 8/11 – National Son & Daughter Day
- 8/13 – International Left Handers Day
- 8/16 – Tell a Joke Day
- 8/18 – National Fajita Day
- 8/19 – 25 National Friendship Week
- 8/24 – National Waffle Day
- 8/26 – National Cherry Popsicle Day
- 8/30 – National Beach Day

“PROMOTING SUCCESSFUL INDEPENDENCE”

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